

5TH KYU – YELLOWBELT – TAIJUTSU	YELLOW – KOBUDO / BUKIWAZA
ATTENDANCE LESSONS 15	
1. Forward / backward break falls	1. Jo dori Ikkyo
2. Tae no henko – tenkan/ kaiten	2. Jo dori Kokyo
<u>IKKYO (aikidos 1st pinning technique)</u>	3. Jo Tsuki Ikkyo
3. Ai hamni Katate dori Ikkyo (wrist grab)	4. Jo Tsuki Kokyo
4. Gaku hamni Katate dori Ikkyo (wrist grab)	5. Tsuki - Jo Atemi / techniques (2)
<u>SHIO NAGE (4 directional throw)</u>	7 Ken Suburi (4)
5. Ai hamni Katate dori Shionage (wrist grab)	Shio Giri (4 cuts) (Like Happo Giri)
6. Gaku hamni Katate dori Shionage (wrist grab)	1) Migi hamni blend from bokken
<u>KOTE GAESHI (wrist twisting technique)</u>	2) Hidari hamni blend from boken
7. Ai hamni Katate dori Kote gaeshi (wrist grab)	20 Jo Suburi (5)
8. Tsuki Kote gaeshi (Punch)	31 Jo Kata (5)
<u>KOKYO NAGE (Breath throw)</u>	Jo Atemi Basic 8 movements (3)
9. Seiza waza.Ryote dori Kokyo Nage (<i>Kneeling with both wrists grabbed from front</i>)	

4rd KYU – ORANGE BELT – TAIJUTSU	ORANGE – KOBUDO / BUKIWAZA
ATTENDANCE LESSONS + 20	
1. Forward / Backward Break falls	1. Jo dori Ikkyo
2. Tae No Henko – Kihon / Ki No Nagare	2. Jo dori Kokyo
<u>IKKYO (aikidos 1st pinning technique)</u>	3. Jo dori Tenchi Nage
4. Ai hamni Katate dori Ikkyo (wrist grab)	4. Jo dori Nikkyo
5. Ai hamni Katate dori Ikkyo Tenkan (wrist grab)	3. Jo Tsuki Ikkyo
6. Gaku hamni Katate dori Ikkyo Tenkan (wrist grab)	4. Jo Tsuki Kokyo
7. Ryote dori Ikkyo (both wrists grabbed from front)	5. Jo Tsuki Shionage
8. Shomen Uchi Ikkyo (strike to the top of the head)	5. Tsuki - Jo Atemi / techniques (2)
<u>NIKKYO (aikidos 2nd pinning technique)</u>	7 Ken Suburi (4)
9. Ai hamni Katate dori Nikkyo (wrist grab)	Shio Giri (4 cuts) (Like Happo Giri)
10. Gaku hamni Katate dori Nikkyo (wrist grab)	1) Migi hamni blend from bokken
11. Ryote dori Nikkyo (both wrists grabbed from front)	2) Hidari hamni blend from boken
<u>KOTE GAESHI (wrist twisting technique)</u>	Awase (together)
12. Ai hamni Katate dori Kote Gaeshi (wrist grab)	20 Jo Suburi (10)
13. Gaku hamni Katate dori Kote Gaeshi (wrist grab)	31 Jo Kata (12)
14 Shomen uchi Kote Gaeshi (strike to the top of the head)	Jo Atemi Basic 8 movements (5)
<u>TENCHI NAGE (heaven and earth throw)</u>	Kumi Tachi 1
15. Gaku Hamni Katate dori Tenchi nage (wrist grab)	
16 Tsuki Tenchi Nage (punch)	
<u>SHIO NAGE (4 directional throw)</u>	
17 Ai hamni Katate dori Shio Nage Tenkan (wrist grab)	
18.Gaku hamni Katate dori Shio Nage Tenkan (wrist grab)	
19. Ryote dori Shio Nage (both wrists grabbed from front)	
<u>KAITEN NAGE (rotary throw)</u>	
20. Ai Hamni hamni Katate dori Kaiten nage (wrist grab)	
<u>Koshi Nage</u>	
21. Ai Hamni Katate dori Koshi nage (wrist grab)	
<u>KOKYO NAGE (Breath throw)</u>	
22. Ai Hamni hamni Katate dori Kokyo nage (wrist grab)	
23. Seiza waza.Ryote dori Kokyo Nage (<i>Kneeling with both wrists grabbed from front</i>)	

3rd KYU – GREEN BELT – TAIJUTSU	GREEN KOBUDO / BUKIWAZA
ATTENDANCE LESSONS + 25	
1. Take a throw Forward / backward break falls	1. Jo dori Ikkyo
2. Tae No Henko – Kihon / Ki No Nagare	2. Jo dori Nikkyo
<u>IKKYO (aikidos 1st pinning technique)</u>	3. Jo dori Sankyo
4. Ai hamni Katate dori Ikkyo Tenkan (<i>wrist grab</i>)	4. Jo dori Kaiten Nage
5. Gaku hamni Katate dori Ikkyo (<i>wrist grab</i>)	5. Jo dori Kote Gaeshi
6. Ushiro Ryote dori Ikkyo (<i>both wrists held from behind</i>)	6. Jo Tsuki Ikkyo
7. Shomen Uchi Ikkyo (<i>strike to the top of the head</i>)	7. Jo Tsuki Kokyo
8. Tsuki Ikkyo (<i>punch</i>)	8. Jo Tsuki Kokyo Tenkan
9. Yokomen uchi Ikkyo (<i>strike to the side of the head</i>)	9. Jo Tsuki Shionage
<u>NIKKYO (aikidos 2nd pinning technique)</u>	10. Jo Tsuki Irimi Nage
9. Ai hamni Katate dori Nikkyo (<i>wrist grab</i>)	11. tsuki - Jo Atemi / techniques (4)
10. Ai hamni Katate dori Nikkyo Tenkan (<i>wrist grab</i>)	7 Ken Suburi (7)
11. Ryote dori Nikkyo (<i>both wrists grabbed from front</i>)	Shio Giri (4 cuts) (Like Happo Giri)
12. Morote dori Nikkyo (<i>2 hands on 1 wrist</i>)	Ki Musubi No Tachi
13. Shomen Uchi Nikkyo (Omote) (<i>strike to the top of the head</i>)	20 Jo Suburi (15)
<u>SANKYO (aikidos 3rd pinning technique)</u>	31 Jo Kata (21)
14. Ai hamni Katate dori Sankyo (<i>wrist grab</i>)	13 Jo Suburi (5)
15. Gaku hamni Katate dori Sankyo (<i>wrist grab</i>)	Jo Atemi Basic 8 movements (8)
<u>IRMI NAGE (enter throw)</u>	31 Awase (12)
16. Ai hamni Katate dori Irimi Nage (<i>wrist grab</i>)	Kumi Tachi 1
17. Gaku hamni Katate dori Irimi Nage (<i>wrist grab</i>)	Kumi Jo 1
18 Tsuki Irimi Nage (<i>punch</i>)	
<u>KOTE GAESHI (wrist twisting technique)</u>	
19. Ushiro Ryote dori Kote Gaeshi (<i>both wrists grabbed from behind</i>)	
20. Yokomen uchi Kote Gaeshi (<i>strike to side of the head</i>)	
21. Tsuki Kote Gaeshi (<i>punch</i>)	
<u>TENCHI NAGE (heaven and earth throw)</u>	
22. Ai Hamni hamni Katate dori Tenchi nage (<i>wrist grab</i>)	
23. Ryote dori Tenchi nage (<i>both wrists grabbed from front</i>)	
24. Shomen Uchi Tenchi nage (<i>strike to the top of the head</i>)	
25. Yokomen uchi Tenchi nage (<i>strike to side of the head</i>)	
<u>SHIO NAGE (4 directional throw)</u>	
26. Gaku hamni Katate dori Shio Nage Tenkan (<i>wrist grab</i>)	
27. Ryote dori Shio Nage (<i>both wrists grabbed from front</i>)	
28. Morote dori Shio Nage (<i>2 hands on 1 wrist</i>)	
29. Shomen uchi Shio Nage (<i>strike to top of the head</i>)	
30. Yokomen Uchi Shio Nage (<i>strike to the side of the head</i>)	
<u>KAITEN NAGE (rotary throw)</u>	
31. Ai Hamni Katate dori Kaiten nage (<i>wrist grab</i>)	
32. Gaku hamni Katate dori Kaiten nage (<i>wrist grab</i>)	
33. Ryote dori Kaiten nage (<i>both wrists grabbed from front</i>)	
<u>Koshi Nage</u>	
34. Ai Hamni Katate dori Koshi nage (<i>wrist grab</i>)	
35. Gaku hamni Katate dori Koshi nage (<i>wrist grab</i>)	
<u>KOKYO NAGE (Breath throw)</u>	
36. Ai Hamni hamni Katate dori Kokyo nage (<i>wrist grab</i>)	
37. Gaku hamni Katate dori Kokyo nage (<i>wrist grab</i>)	
38. Ryote dori Kokyo nage (<i>both wrists grabbed from front</i>)	
39. Seiza waza. Ryote dori Kokyo Nage (<i>Kneeling with both wrists grabbed from front</i>)	

2nd KYU – BLUE BELT – TAIJUTSU	BLUE - KOBUDO / BUKIWAZA
ATTENDANCE LESSONS + 35	
<u>IKKYO (aikidos 1st pinning technique)</u>	
8. Ushiro Kubishime Ikkyo (<i>wrist and rear strangle</i>)	1. Jo dori Ikkyo
9. Morote dori Ikkyo (<i>2 hands on 1 wrist</i>)	2. Jo dori Nikkyo
10. Ryote dori Ikkyo (<i>both wrists grabbed from front</i>)	3. Jo dori Sankyo
11. Shomen uchi Ikkyo Tenkan (<i>strike to top of the head</i>)	4. Jo dori Kaiten Nage
12. Grading Pannel Choice - Ikkyo Omote / Tenkan (2)	5. Jo dori Kote Gaeshi
<u>NIKKYO (aikidos 2nd pinning technique)</u>	
6. Ai hamni Katate dori Nikkyo (<i>wrist grab</i>)	6. Jo Tsuki Ikkyo
7. Ai hamni Katate dori Nikkyo Tenkan (<i>wrist grab</i>)	7. Jo Tsuki Kokyo
8. Ryote dori Nikkyo (<i>both wrists grabbed from front</i>)	8. Jo Tsuki Kokyo Tenkan
9. Morote dori Nikkyo (<i>2 hands on 1 wrist</i>)	9. Jo Tsuki Shionage
10. Shomen uchi Nikkyo (<i>strike to top of the head</i>)	10. Jo Tsuki Irimi Nage
<u>SANKYO (aikidos 3rd pinning technique)</u>	
11. Ai hamni Katate dori Sankyo (<i>wrist grab</i>)	11. tsuki - Jo Atemi / techniques (5)
12. Gaku hamni Katate dori Sankyo (<i>wrist grab</i>)	12. Yokomen - Jo Atemi / techniques (1)
13. Ushiro Ryote dori Sankyo (<i>both wrists grabbed from behind</i>)	
14. Ushiro Kubishime Sankyo (<i>wrist and rear strangle</i>)	7 Ken Suburi (7)
15. Shomen uchi Sankyo (<i>strike to top of the head</i>)	Happo Giri (8 cuts)
<u>IRMI NAGE (enter throw)</u>	
16. Ai hamni Katate dori Irimi Nage (<i>wrist grab</i>)	20 Jo Suburi (15)
17. Ryote dori Irimi Nage (<i>both wrists grabbed from front</i>)	31 Jo Kata (21)
18. Tskui Irimi Nage (<i>punch</i>)	13 Jo Suburi (10)
19. Yokomen Uchi Irimi Nage (<i>strike to the side of the head</i>)	31 Awase (16)
20. Ushiro Ryote dori Irimi Nage (<i>both wrists grabbed from behind</i>)	Jo Atemi Basic 8 movements (8)
<u>KOTE GAESHI (wrist twisting technique)</u>	
21. Ushiro Ryote dori Kote Gaeshi (<i>both wrists grabbed from behind</i>)	Kumi Tachi 1 + 2
22. Yokomen Kote gaeshi (<i>strike to top of the head</i>)	Kumi Jo 1 + 2
<u>TENCHI NAGE (heaven and earth throw)</u>	
23. Yokomen Tenchi nage (<i>strike to top of the head</i>)	
24. Ryote dori Tenchi nage (<i>both wrists grabbed from front</i>)	
25. Shomen Uchi Tenchi nage (<i>strike to the top of the head</i>)	
<u>SHIO NAGE (4 directional throw)</u>	
26. Gaku hamni Katate dori Shio Nage (<i>wrist grab</i>)	
27. Gaku hamni Katate dori Shio Nage Tenkan (<i>wrist grab</i>)	
28. Morote dori Shio Nage (<i>2 hands on 1 wrist</i>)	
29. Tskui Shio nage (<i>punch</i>)	
30. Shomen uchi Shio Nage (<i>strike to top of the head</i>)	
31. Yokomen Uchi Shio Nage (<i>strike to the side of the head</i>)	
<u>KAITEN NAGE (rotary throw)</u>	
32. Gaku hamni Katate dori Kaiten nage (<i>wrist grab</i>)	
33. Ryote dori Kaiten Nage (<i>both wrists grabbed from front</i>)	
34. Shomen Uchi Kaiten Nage (<i>strike to the top of the head</i>)	
35. Yokomen Uchi Kaiten Nage (<i>strike to the side of the head</i>)	
<u>KOKYO NAGE (Breath throw)</u>	
36. Ushiro Ryote dori Kokyo nage (<i>both wrists grabbed from behind</i>)	
37. Tskui uchi Kokyo nage (<i>punch</i>)	
Mutipule Attack	
38. Gaku hamni Katate dori – 45 seconds	
39. Shomen uchi – 45 seconds	
<u>Tanto Dori (Knife Attack)</u>	
40. Tsuki – 1 technique	
<u>Shomenuchi Bokken Attack</u>	
41. Shomen - 1 technique	
	Grading Panel Choice
	Ai hamni Katate dori Ikkyo
	Gaku hamni Katate dori Ikkyo
	Ai hamni Katate dori Ikkyo Tenkan
	Gaku hamni Katate dori Ikkyo Tenkan
	Ryote dori Ikkyo
	Shomen Uchi Ikkyo
	Ushiro Ryote dori Ikkyo
	Shomen Uchi Ikkyo
	Tsuki Ikkyo
	Yokomen uchi Ikkyo

1 st KYU – BROWN BELT – TAIJUTSU	BROWN - KOBUDO / BUKIWAZA
ATTENDANCE LESSONS + 50	
<u>IKKYO (aikidos 1st pinning technique)</u>	
1. Gading Pannel Choice - Ikkyo Omote / Tenkan (2)	1. Jo dori (5)
<u>NIKKYO (aikidos 2nd pinning technique)</u>	
2. Grading Pannel Choice Of Attack for Nikkyo (3)	4. Jo Tsuki (5)
3. Your Choice Of Attack for Nikkyo (3) Not repeating	9. tsuki - Jo Atemi / techniques (6)
<u>SANKYO (aikidos 3rd pinning technique)</u>	
4. Ryote dori Sankyo (both wrists grabbed from front)	9. Yokomen - Jo Atemi / techniques (2)
5. Grading Pannel Choice Of Attack for Sankyo (3)	
<u>IRMI NAGE (enter throw)</u>	
1. Yokomen uchi Irimi nage (strike to the side of the head)	7 Ken Suburi (7)
2. Tskui Irimi nage (punch)	Happo Giri (8 cuts)
8. Ushiro Ryote dori Irimi Nage (both wrists grabbed from behind)	Ki Musubi No Tachi
9. Your Choice Of Attack for Irimi Nage (3)	20 Jo Suburi (20)
<u>KOKYO NAGE (Breath throw)</u>	
10. Ai hamni Katate dori Kokyo (wrist grab)	31 Jo Kata (31)
11. Morote dori Kokyo (2 hands on 1 wrist)	13 Jo Suburi (13)
12. Shomen uchi Kokyo	31 Awase (26)
13. Yokomen uchi Kokyo	Jo Atemi Basic 8 movements (8)
13. Your choice of attack (2)	Kumi Tachi 1 + 2 + 3
<u>KOTE GAESHI (wrist twisting technique)</u>	
14. Grading Pannel Choice Of Attack for Kote Gaeshi (3)	Kumi Jo 1 + 2 + 3
15. Your Choice Of Attack for Kote Gaeshi (2) Not repeating	
<u>TENCHI NAGE (heaven and earth throw)</u>	
16. Ai Hamni hamni Katate dori Tenchi nage (wrist grab)	Grading Panel Choice
17. Yokomen uchi Tenchi Nage (strike to side of the head)	Ai hamni Katate dori Ikkyo
18. Tsuki Tenchi Nage (punch)	Gaku hamni Katate dori Ikkyo
19. Ryote dori Tenchi Nage (both wrists grabbed from front)	Ai hamni Katate dori Ikkyo Tenkan
20. Ushiro Kubishime Tenchi Nage (wrist and rear strangle)	Gaku hamni Katate dori Ikkyo Tenkan
<u>SHIO NAGE (4 directional throw)</u>	
21. Grading Pannel Choice Of Attack for Shio Nage (4)	Ryote dori Ikkyo
	Shomen Uchi Ikkyo
	Ushiro Ryote dori Ikkyo
	Shomen Uchi Ikkyo
	Tsuki Ikkyo
	Yokomen uchi Ikkyo
	Ushiro Kubishime Ikkyo
	Morote dori Ikkyo
<u>KAITEN NAGE (rotary throw)</u>	
22. Your Choice Of Attack for Kaiten Nage (4)	Ai hamni Katate dori Nikkyo
<u>Koshi Nage</u>	
23. Ai Hamni hamni Katate dori Koshi nage (wrist grab)	Gaku hamni Katate dori
23. Gaku hamni Katate dori Koshi nage (wrist grab)	Ryote dori Nikkyo
24. Shomen uchi Koshi Nage Nage (strike to top of the head)	Morote dori Nikkyo
25. Ushiro Ryote dori Koshi Nage (both wrists grabbed from behind)	Shomen Uchi Nikkyo
<u>Mutipule Attack</u>	
26. Ai Hamni hamni Katate dori Irimi Nage – 45 seconds	Ai hamni Katate dori Sankyo
27. Gaku hamni Katate dori Kokyo nage – 45 seconds	Gaku hamni Katate dori Sankyo
28. Tskui – 45 seconds	Ushiro Ryote dori Sankyo
	Ushiro Kubishime Sankyo
	Shomen uchi Sankyo
<u>Tanto Dori (Knife Attack)</u>	
29. Tsuki – 3 technique	Ai hamni Katate dori Kote Gaeshi
<u>Shomenuchi Bokken Attack</u>	
30 -53. Shomen - 3 technique	Gaku hamni Katate dori Kote Gaeshi
	Ryote dori Kote Gaeshi
	Morote dori Kote Gaeshi
	Shomen Uchi Kote Gaeshi
	Yokomen Uchi Kote Gaeshi
	Ai hamni Katate dori Shio Nage
	Ai hamni Katate dori Shio Nage Tenkan
	Gaku hamni Katate dori Shio Nage Tenkan
	Ryote dori Shio Nage Tenkan
	Ushiro Ryote dori Shio Nage
	Morote dori Shio Nage

SHODAN – 1ST DAN – TALJUTSU	SHODAN – 1ST DAN – KOBUDO
ATTENDANCE LESSONS + 50	
	1. Jo dori (5)
<u>TEACH / DEMO TECHNIQUES TO A CLASS OF PUPILS</u>	4. Jo Tsuki (5)
	9. tsuki - Jo Atemi / techniques (6)
<u>IKKYO (aikidos 1st pinning technique)</u>	9.Yokomen - Jo Atemi / techniques (2)
1. Ai hamni Katate dori Ikkyo (wrist grab) 2. Gaku hamni Katate dori Ikkyo Tenkan(wrist grab) 3. Ushiro Ryote dori Ikkyo (<i>both wrists held from behind</i>) 4. Shomen Uchi Ikkyo Tenkan (<i>strike to the side of the head</i>) 5. Tsuki Ikkyo (<i>punch</i>) 6. Yokomen uchi Ikkyo (<i>strike to the side of the head</i>) 7. Ai hamni Katate dori Mutipule Attack Ikkyo/Tenkan	7 Ken Suburi (7)
<u>NIKKYO (aikidos 2nd pinning technique)</u>	
8. Ai hamni Katate dori Nikkyo (wrist grab) 9.. Ai hamni Katate dori Nikkyo Tenkan (wrist grab) 10. Ryote dori Nikkyo (<i>both wrists grabbed from front</i>) 11. Morote dori Nikkyo (<i>2 hands on 1 wrist</i>) 12.Shomen uchi Nikkyo (<i>strike to top of the head</i>)	Happo Giri (8)
<u>SANKYO (aikidos 3rd pinning technique)</u>	
13. Ai hamni Katate dori Sankyo (wrist grab) 14. Gaku hamni Katate dori Sankyo (wrist grab) 15. Ushiro Ryote dori Sankyo (<i>both wrists grabbed from behind</i>) 16.Ushiro Kubishime Sankyo (<i>wrist and rear strangle</i>) 17. Shomen uchi Sankyo (<i>strike to top of the head</i>)	All as one with Ki no nagare Migi hamni blend from bokken Hidari hamni blend from boken Migi hamni Irimi blend from bokken
<u>IRMINAGE (enter throw)</u>	31 Jo Suburi (31)
18. Ai hamni Katate dori Irimi Nage (wrist grab) 19. Gaku hamni Katate dori Irimi Nage (wrist grab) 20. Tsuki Irimi Nage (<i>punch</i>) 21. Yokomen uchi Irimi nage (<i>strike to the side of the head</i>) 22. Ushiro Ryote dori Irimi Nage (<i>both wrists grabbed from behind</i>) 23.. Ryote dori Irimi Nage (<i>both wrists grabbed from front</i>) 24. Tskui Mutipule Attack Irimi Nage	13 Jo Suburi (13)
<u>KOKYONAGE (Breath throw)</u>	31 Awase (31)
25. Ai hamni Katate dori Kokyo (wrist grab) 26.Morote dori Kokyo (<i>2 hands on 1 wrist</i>) 27. Ryote dori Kokyo nage (<i>both wrists grabbed from front</i>) 28. Ushiro Ryote dori Irimi Nage (<i>both wrists grabbed from behind</i>) 29. Yokomen uchi Kokyo Nage (<i>strike to the side of the head</i>) 30. Ai hamni Katate dori Mutipule Attack Kokyo Nage	Jo Atemi Basic 8 movements (8)
<u>KOTE GAESHI (wrist twisting technique)</u>	Kumi Tachi 1 + 2 + 3
31. Ai hamni Kote Gaeshi (wrist grab) 32. Gaku hamni Katate dori Kote Gaeshi (wrist grab) 33. Ushiro Ryote dori Kote Gaeshi (<i>both wristsgrabbed from behind</i>) 34. Yokomen uchi Kote Gaeshi (<i>strike to top of the head</i>) 35. Tsuki Kote Gaeshi (<i>punch</i>)	Kumi Jo 1 + 2 + 3
<u>TENCHINAGE (heaven and earth throw)</u>	
36. Ai Hamni hamni Katate dori Tenchi nage (wrist grab) 37. Yokomen uchi Tenchi Nage (<i>strike to side of the head</i>) 38. Tsuki Tenchi Nage (<i>punch</i>) 39. Ryote dori Tenchi Nage (<i>both wrists grabbed from front</i>) 40. Ushiro Kubishime Tenchi Nage (<i>wrist and rear strangle</i>)	
<u>SHIONAGE (4 directional throw)</u>	
41. Gaku hamni Katate dori Shio Nage Tenkan (wrist grab) 42. Ryote dori Shio Nage (<i>both wrists grabbed from front</i>) 43.Morote dori Shio Nage (<i>2 hands on 1 wrist</i>) 44.Shomen uchi Shio Nage (<i>strike to top of the head</i>) 45.. Yokomen Uchi Shio Nage (<i>strike to the side of the head</i>)	
<u>KAITEN NAGE (rotary throw)</u>	
46. Gaku hamni Katate dori Kaiten nage (wrist grab) 47. Ryote dori Kaiten nage (<i>both wrists grabbed from front</i>) 48. Shomen Uchi Kaiten Nage (<i>strike to the top of the head</i>)	
<u>Koshi Nage</u>	
49. Ai Hamni hamni Katate dori Koshi nage (wrist grab)	
50. Gaku hamni Katate dori Koshi nage (wrist grab)	
51. Shomen uchi Koshi Nage	
52. Ushiro Ryote dori Koshi Nage (both wrists grabbed from behind)	
<u>Tanto Dori (Knife Attack)</u>	
53 -55. Tsuki – 3 technique	

Shomenuchi Bokken Attack
55 -58. Shomen - 3 technique

SHODAN – 2nd DAN – TAIJUTSU	SHODAN – 2nd DAN –KOBUDO
ATTENDANCE + 100 2 YEARS AFTER 1 st DAN	
<u>TEACH / DEMO TECHNIQUES TO A CLASS OF PUPILS</u>	1. Jo dori (5) 4. Jo Tsuki (5)
<u>MULTIPLE ATTACK 2 OR 3 PEOPLE</u> <u>Gaku Hamni</u> <u>Ryote dori</u> <u>Tsuki</u> <u>Shomen</u>	9. tsuki - Jo Atemi / techniques (6)
<u>IKKYO (aikidos 1st pinning technique)</u>	9.Yokomen - Jo Atemi / techniques (2)
16. Ai hamni Katate dori Ikkyo (wrist grab) 17. Gaku hamni Katate dori Ikkyo Tenkan(wrist grab) 3. Ushiro Ryote dori Ikkyo (<i>both wrists held from behind</i>) 4. Shomen Uchi Ikkyo Tenkan (<i>strike to the side of the head</i>) 5. Tsuki Ikkyo (<i>punch</i>) 6. Yokomen uchi Ikkyo (<i>strike to the side of the head</i>)	7 Ken Suburi (7)
<u>NIKKYO (aikidos 2nd pinning technique)</u>	
8. Ai hamni Katate dori Nikkyo (wrist grab) 9.. Ai hamni Katate dori Nikkyo Tenkan (wrist grab) 10. Ryote dori Nikkyo (<i>both wrists grabbed from front</i>) 11. Morote dori Nikkyo (<i>2 hands on 1 wrist</i>) 12.Shomen uchi Nikkyo (<i>strike to top of the head</i>)	Happo Giri (8)
<u>SANKYO (aikidos 3rd pinning technique)</u>	All as one with Ki no nagare Migi hamni blend from bokken Hidari hamni blend from boken Migi hamni Irimi blend from bokken
14. Ai hamni Katate dori Sankyo (<i>wrist grab</i>) 15. Gaku hamni Katate dori Sankyo (<i>wrist grab</i>) 15. Ushiro Ryote dori Sankyo (<i>both wrists grabbed from behind</i>) 16. Ushiro Kubishime Sankyo (<i>wrist and rear strangle</i>) 18. Shomen uchi Sankyo (<i>strike to top of the head</i>)	
<u>IRMINAGE (enter throw)</u>	Teach 31 Jo Suburi (31)
19. Ai hamni Katate dori Irimi Nage (<i>wrist grab</i>) 20. Gaku hamni Katate dori Irimi Nage (<i>wrist grab</i>) 27. Tsuki Irimi Nage (<i>punch</i>) 28. Yokomen uchi Irimi nage (<i>strike to the side of the head</i>) 23. Ushiro Ryote dori Irimi Nage (<i>both wrists grabbed from behind</i>) 24.. Ryote dori Irimi Nage (<i>both wrists grabbed from front</i>)	Teach 13 Jo Suburi (13)
<u>KOKYO NAGE (Breath throw)</u>	Teach 31 Awase (31)
26. Ai hamni Katate dori Kokyo (<i>wrist grab</i>) 27.Morote dori Kokyo (<i>2 hands on 1 wrist</i>) 28. Ryote dori Kokyo nage (<i>both wrists grabbed from front</i>) 29. Ushiro Ryote dori Irimi Nage (<i>both wrists grabbed from behind</i>) 29. Yokomen uchi Kokyo Nage (<i>strike to the side of the head</i>)	Teach Jo Atemi Basic 8 movements (8)
<u>KOTE GAESHI (wrist twisting technique)</u>	Teach Kumi Tachi 1 + 2 + 3
32. Ai hamni Kote Gaeshi (<i>wrist grab</i>) 33. Gaku hamni Katate dori Kote Gaeshi (<i>wrist grab</i>) 34. Ushiro Ryote dori Kote Gaeshi (<i>both wristsgrabbed from behind</i>) 35. Yokomen uchi Kote Gaeshi (<i>strike to top of the head</i>) 36. Tsuki Kote Gaeshi (<i>punch</i>)	Teach Kumi Jo 1 + 2 + 3
<u>TENCHI NAGE (heaven and earth throw)</u>	
33. Ai Hamni hamni Katate dori Tenchi nage (<i>wrist grab</i>) 34. Yokomen uchi Tenchi Nage (<i>strike to side of the head</i>) 35. Tsuki Tenchi Nage (<i>punch</i>) 35. Ryote dori Tenchi Nage (<i>both wrists grabbed from front</i>) 50. Ushiro Kubishime Tenchi Nage (<i>wrist and rear strangle</i>)	
<u>SHIO NAGE (4 directional throw)</u>	
38.Gaku hamni Katate dori Shio Nage Tenkan (<i>wrist grab</i>) 39. Ryote dori Shio Nage (<i>both wrists grabbed from front</i>) 40.Morote dori Shio Nage (<i>2 hands on 1 wrist</i>) 41. Shomen uchi Shio Nage (<i>strike to top of the head</i>) 42. Yokomen Uchi Shio Nage (<i>strike to the side of the head</i>)	
<u>KAITEN NAGE (rotary throw)</u>	
41. Gaku hamni Katate dori Kaiten nage (<i>wrist grab</i>) 32. Ryote dori Kaiten nage (<i>both wrists grabbed from front</i>) 33. Shomen Uchi Kaiten Nage (<i>strike to the top of the head</i>)	
<u>Koshi Nage</u>	
20. Ai Hamni hamni Katate dori Koshi nage (<i>wrist grab</i>) 30. Gaku hamni Katate dori Koshi nage (<i>wrist grab</i>)	
17. Shomen uchi Koshi Nage	
20. Ushiro Ryote dori Koshi Nage (<i>both wrists grabbed from behind</i>)	
Knife Attack	

47 . Tsuki – 3 technique
Bokken Attack
50 -53. Shomen - 3 technique